

## ASC Pre-Procedure Instructions

You are scheduled for a procedure:

- No food or drink 2 hours prior to your appointment, 6 hours prior if you are having sedation.
- Take your normal medications with a sip of water.
- If you are on blood thinning medications, contact our office for further instructions. You will need to stop medications a certain amount of days prior to appointment.
- If you are scheduled to have sedations, you must have a driver who can stay throughout your appointment. They cannot leave the appointment.
- Insulin dependent diabetics should take 1/2 your insulin dose the morning of your procedure.
- No perfume, cologne or lotions the day of the procedure.
- Please check in 10 minutes early for your appointment. If you are more than 10 minutes late you will be rescheduled.

**No-Show Policy:** If you are not able to make your appointment, please call and cancel at least 1 business day prior to the scheduled appointment. There is a \$100.00 charge for not showing to an appointment or a for cancelling less than 24 hours before appointments.